

SACRAMENTO, CA

SATURDAY, OCTOBER 17TH Agenda

8:00am – 8:00pm Local Time

WELCOME & FOUNDATIONS OF BECKER

8:00-11:15am

8:00-9:00am • Registration and Breakfast

9:00-9:15am • Welcome Remarks

Erica Goude

9:15-10:15am • All About Becker Muscular Dystrophy

John Day
Billur Moghaddam

10:15-11:15am • Cardiac Considerations for Becker

Matt Wheeler

Break: 11:15am - 11:30am

BECKER RESEARCH LANDSCAPE

11:30-12:30pm

11:30-12:15pm • Updates and What's Ahead

Courtney Grotski

12:15-12:30pm • Recap and Audience Q&A

Lunch: 12:30pm - 1:15pm

LIVING WITH BECKER

1:15-2:45pm

1:15-2:00pm • Dystrophin and the Brain

Erik Henricson
Van Kim Ma

2:00-2:45pm • Walks of Life: Individuals with Becker Panel

Break: 2:45pm - 3:00pm

AFTERNOON TRACK SESSIONS

3:00-4:40pm

Adult Track (Concurrent to Pediatric Track)

3:00-3:30pm • Career and Employment with Becker

3:30-4:00pm • How to Talk About Becker with Family, Partners, Kids, and Friends

4:00-4:40pm • Intimacy and Relationships

Debra Crabtree

Pediatric Track (Concurrent to Adult Track)

3:00-3:30pm • Pediatric Care and Transition Considerations for Becker

Carolina Tesi Rocha
Surampudi

3:30-4:00pm • Parenting a Child with Becker: Finding a Balance

Van Kim Ma

4:00-4:40pm • Parent and Caregiver Point of View Panel

DAY ONE CLOSING REMARKS

4:45-5:00pm

Exhibitor Reception & Informal Break: 5:00pm - 6:00pm

Community Dinner: 6:30pm - 8:00pm



SUNDAY, OCTOBER 18TH Agenda

7:30am – 1:15pm Local Time

BREAKFAST & CONNECTION

7:30-8:30am

7:30-8:30am • Breakfast

7:45-8:30am • Breakfast Breakout: Women of Becker

Billur Moghaddam
Matt Wheeler

MOVEMENT, THERAPY, AND INDEPENDENCE

8:30-11:00am

8:30-8:45am • Welcome & Day One Recap

8:45-9:45am • Physical Therapy, Exercise, and Stretching for Becker

Tina Doung

9:45-10:45am • Occupational Therapy and Maintaining Independence Through Equipment/Technology for Becker

10:45-11:00am • PT/OT Panel

Tina Doung

Break: 11:00am - 11:15am

THRIVING WITH BECKER ROUNDTABLE ACTIVITY

11:15-12:45pm

Travel and Accessibility

Stretching and Wheelchair Positioning

Adaptable Living: Home Modifications, Equipment, Vehicles

Hobbies and Life with Becker

Parenting a Child with Becker

School and College Resources

Community Support

BUILDING COMMUNITY & STAYING CONNECTED

12:45-1:00pm

Event Closing & To-Go Lunch: 1:00pm - 1:15pm