

# BECKER EDUCATION & ENGAGEMENT DAY

SEPT 28TH, 2024

The Day's Agenda  
**9AM - 6PM**  
Central Daylight Time

## St. Louis, MO

### 8:00 - 9:00AM REGISTRATION AND BREAKFAST

9:00 - 9:15AM Welcome Remarks & introductions Dr. Arun Varadhachary

### BECKER MUSCULAR DYSTROPHY CARE

9:15 - 10:00AM Becker Muscular Dystrophy Overview & Care Considerations Dr. Erin Langton  
Dr. Arun Varadhachary

10:00 - 10:45AM Cardiac Care in Becker Dr. Nathan Stitzel

10:45 - 11:00AM Break

11:00 - 11:45AM Exercise and Physical Therapy in Becker Whitney Roper, DPT

### RESEARCH

11:45 - 12:30PM Becker Clinical Trials and Research Dr. Arun Varadhachary

### 12:30 - 1:30PM LUNCH BREAK

### LIVING WITH BECKER

1:30 - 2:00PM Mental Wellness Ben Thompson, MA, LMFT

2:00 - 2:30PM Everyday Strategies for Living with Becker Patient Panel

2:30 - 2:45PM Break

2:45 - 3:30PM Planning for the Future Lori Becker, CEO (Starkloff Institute) | Rob Hails, ATP (NuMotion)

3:30 - 4:00PM Building Community Alexis Hazlett, MSN, RN, CPN

4:00 - 4:15PM Closing Remarks Dr. Arun Varadhachary

### 4:15 - 6:00PM RECEPTION