

BECKER EDUCATION & ENGAGEMENT DAY

SATURDAY • SEPTEMBER 27TH
2025

The Day's Agenda

9AM - 6PM
Local Time

ST. LOUIS, MO

BECKER MUSCULAR DYSTROPHY CARE

9:00–12:00pm

- | | |
|---|--|
| • Becker Overview & Care Providers | Aravindhan Veerapandiyan, MD
Arun Varadhachary, MD, PhD |
| • Cardiac Screening and Care in Becker | Andreas Barth, MD, PhD |
| • Building your Becker Care Panel | Aravindhan Veerapandiyan, MD
Arun Varadhachary, MD, PhD
Andreas Barth, MD, PhD |
| • Occupational Therapy: Addressing Activities of Daily Living | Lauren Litwiller, MOT, OTR/L |
| • Physical Therapy: Movement and Developing an Exercise Plan | Donovan Lott, PT, PhD, CSCS |

BECKER RESEARCH LANDSCAPE

12:00–12:30pm

- | | |
|---------------------------------------|----------------------------|
| • Becker Clinical Trials and Research | Arun Varadhachary, MD, PhD |
|---------------------------------------|----------------------------|

Lunch: 12:30 – 1:30PM

LIVING WITH BECKER

1:30–4:30pm

- | | |
|--|--|
| • Navigating Life with Becker: Patient Panel | Christina Trout, RN, MSN
Ben Thompson, LMFT
Individuals living with Becker |
|--|--|

Adult Track

- | | |
|---|--|
| • Relationships & Communication Panel | Ben Thompson, LMFT
Individuals living with Becker |
| • Changing the Narrative Around Independence & Equipment: Patient Panel | Ben Thompson, LMFT
Individuals living with Becker |
| • Employment & Financial Planning | Lori Becker, MBA |

Pediatric Track

- | | |
|---|--|
| • Transition of Care | Aravindhan Veerapandiyan, MD
Christina Trout, RN, MSN |
| • Caregiver Panel: Parenting a Child living with Becker | Christina Trout, RN, MSN |
| • School Resources | Marissa Lozano, M. Ed |
| • Building a Becker Community | TBD |
| • Closing Remarks | |

Reception: 4:30 – 6:00PM