

BECKER EDUCATION & ENGAGEMENT DAY

SATURDAY • SEPTEMBER 27TH • 2025

PHILADELPHIA, PA

The Day's Agenda
9AM - 6PM

BECKER MUSCULAR DYSTROPHY CARE

9:00–12:00pm

Welcome Remarks 9:00am

9:05–9:45am • Becker Overview & Care Providers

John Brandsema, MD • Paula Clemens, MD
Colin Quinn, MD

9:45–10:20am • Cardiac Screening and Care in Becker

Teresa Wang, MD

10:20–10:45am • Building your Becker Care: Panel

John Brandsema, MD • Paula Clemens, MD
Teresa Wang, MD • Colin Quinn, MD • Patient Panel: Nevin Steiner

Break 10:45–11am

11:20–11:25am • Occupational Therapy: Addressing Activities of Daily Living

Allyson Wong, OTRL, OTD, MPH

11:25–11:50am • Physical Therapy: Movement and Developing Exercise Plan

Mallory Gardner, PT, DPT, PCS

11:50–12:00pm • OT & PT Panel

BECKER RESEARCH LANDSCAPE

12:00–12:30pm

12:00–12:30pm • Becker Clinical Trials and Research

Paula Clemens, MD

Lunch: 12:30 – 1:30PM

LIVING WITH BECKER

1:30–4:30pm

1:30–2:20pm • Navigating Life with Becker: Patient Panel

Patient Panel: Nevin Steiner • Jess Westman • Pat Cusick

Break 2:20–2:30pm (Make your way to your selected track)

Adult Track

2:30–3:10pm • Relationships & Communication: Panel

Areti Vassilopoulos, PhD
Patient Panel: Pat Cusick • Steve Werniski • Melissa Werniski

3:10–3:45pm • Changing the Narrative Around Independence
& Equipment: Patient Panel

Areti Vassilopoulos, PhD
Patient Panel: Nevin Steiner • Steve Werniski

3:45–4:10pm • Employment & Financial Planning

Bruce Sham, CLF

Pediatric Track

2:30–3:10pm • Transition from Pediatric to Adult Care:
Provider Panel

John Brandsema, MD • Paula Clemens, MD
Julianne Meiser, MSS, LCSW • Colin Quinn, MD

3:10–3:45pm • Caregiver Panel: Parenting a Child
Living with Becker

Julianne Meiser, MSS, LCSW
Panel: Kristen Cooper Dylan Cooper • Jess Westman

3:45–4:10pm • School Resources

Annie Tulkin, MS

Break 4:10–4:15pm (Make your way back to the main session room)

4:15–4:25pm • Building a Becker Community

Nevin Steiner • Pat Cusick

4:25–4:30pm • Closing Remarks

Reception: 4:30 – 6:00PM