

BECKER EDUCATION & ENGAGEMENT DAY

SATURDAY • SEPTEMBER 27TH • 2025

ST. LOUIS, MO
The Day's Agenda
9AM - 6PM

BECKER MUSCULAR DYSTROPHY CARE

9:00–12:00pm

Welcome Remarks 9:00am

9:05–9:45am • Becker Overview & Care Providers Aravindhan Veerapandiyan, MD • Arun Varadhachary, MD, PhD

9:45–10:20am • Cardiac Screening and Care in Becker Andreas Barth, MD, PhD

10:20–10:45am • Building your Becker Care: Panel Aravindhan Veerapandiyan, MD • Arun Varadhachary, MD, PhD
Andreas Barth, MD, PhD

Break 10:45–11am

11:20–11:25am • Occupational Therapy: Addressing Activities of Daily Living Lauren Litwiller, MOT, OTR/L

11:25–11:50am • Physical Therapy: Movement and Developing an Exercise Plan Donovan Lott, PT, PhD, CSCS

11:50–12:00pm • OT & PT Panel

BECKER RESEARCH LANDSCAPE

12:00–12:30pm

12:00–12:30pm • Becker Clinical Trials and Research Arun Varadhachary, MD, PhD

Lunch: 12:30 – 1:30PM

LIVING WITH BECKER

1:30–4:30pm

1:30–2:20pm • Navigating Life with Becker: Patient Panel Christina Trout, RN, MSN • Ben Thompson, LMFT
Patient Panel: Ben Thompson
Greg Willett • Kevin Barnes

Break 2:20–2:30pm (Make your way to your selected track)

Adult Track

2:30–3:10pm • Relationships & Communication: Panel Ben Thompson, LMFT
Patient Panel: Ronald Hutchinson • John Tessmer
Andrew Tessmer • Alex Tessmer

3:10–3:45pm • Changing the Narrative Around Independence
& Equipment: Patient Panel Ben Thompson, LMFT
Patient Panel: Kevin Barnes • Greg Willett
Ronald Hutchinson

3:45–4:10pm • Employment & Financial Planning Lori Becker, MBA

Pediatric Track

2:30–3:10pm • Transition from Pediatric to Adult Care:
Provider Panel Aravindhan Veerapandiyan, MD
Christina Trout, RN, MSN

3:10–3:45pm • Caregiver Panel: Parenting a Child
Living with Becker Christina Trout, RN, MSN
Panel: Tina Campbell • Bina Oza Trivedi • Ginger Edwards

3:45–4:10pm • School Resources Natalie McCarthy

Break 4:10–4:15pm (Make your way back to the main session room)

4:15–4:25pm • Building a Becker Community Alexis Hazlett

4:25–4:30pm • Closing Remarks

Reception: 4:30 – 6:00PM