BECKER EDUCATION & ENGAGEMENT DAY

AGENDA

ORLANDO, FL

SATURDAY, OCTOBER 17TH Agenda

8:00am – 8:00pm Local Time

WELCOME & FOUNDATIONS OF BECKER — 8:00-11:15am

8:00-9:00am • **Registration and Breakfast**	
9:00-9:15am • **Welcome Remarks**	
9:15-10:15am • **All About Becker Muscular Dystrophy**	Omer Abdul Hamid Sub Subramony
10:15-11:15am • **Cardiac Considerations for Becker**	Barry Byrne

Break: 11:15am - 11:30am

BECKER RESEARCH LANDSCAPE — 11:30-12:30pm

11:30-12:15pm • **Updates and What's Ahead**	Julie Berthy Kelly Rock
12:15-12:30pm • **Recap and Audience Q&A**	

Lunch: 12:30pm - 1:15pm

LIVING WITH BECKER — 1:15-2:45pm

1:15-2:00pm • **Dystrophin and the Brain**	Christina Ortega
2:00-2:45pm • **Walks of Life: Individuals with Becker Panel**	

Break: 2:45pm - 3:00pm

AFTERNOON TRACK SESSIONS — 3:00-4:40pm

Adult Track (Concurrent to Pediatric Track)

3:00-3:30pm • **Career and Employment with Becker**	
3:30-4:00pm • **How to Talk About Becker with Family, Partners, Kids, and Friends**	Gina Killian
4:00-4:40pm • **Intimacy and Relationships**	Kristy Lewandowski

Pediatric Track (Concurrent to Adult Track)

3:00-3:30pm • **Pediatric Care and Transition Considerations for Becker**	Omer Abdul Hamid
3:30-4:00pm • **Parenting a Child with Becker: Finding a Balance**	Alicia Alcide
4:00-4:40pm • **Parent and Caregiver Point of View Panel**	

DAY ONE CLOSING REMARKS — 4:45-5:00pm

Exhibitor Reception & Informal Break: 5:00pm - 6:00pm

Community Dinner: 6:30pm - 8:00pm

BECKER EDUCATION & ENGAGEMENT DAY

AGENDA

SUNDAY, OCTOBER 18TH Agenda

7:30am – 1:15pm Local Time

BREAKFAST & CONNECTION

7:30-8:30am

7:30-8:30am • Breakfast	
7:45-8:30am • Breakfast Breakout: Women of Becker	Mindy Cameron Kansas Sampson

MOVEMENT, THERAPY, AND INDEPENDENCE

8:30-11:00am

8:30-8:45am • Welcome & Day One Recap	
8:45-9:45am • Physical Therapy, Exercise, and Stretching for Becker	Donovan Lott
9:45-10:45am • Occupational Therapy and Maintaining Independence Through Equipment/Technology for Becker	Joyce Severance
10:45-11:00am • PT/OT Panel	Donovan Lott Joyce Severance

Break: 11:00am - 11:15am

THRIVING WITH BECKER ROUNDTABLE ACTIVITY

11:15-12:45pm

- **Travel and Accessibility**
- **Stretching and Wheelchair Positioning**
- **Adaptable Living: Home Modifications, Equipment, Vehicles**
- **Hobbies and Life with Becker**
- **Parenting a Child with Becker**
- **School and College Resources**
- **Community Support**

BUILDING COMMUNITY & STAYING CONNECTED

12:45-1:00pm

Event Closing & To-Go Lunch: 1:00pm - 1:15pm