BECKER EDUCATION & ENGAGEMENT DAY

AGENDA

ST. LOUIS, MO

SATURDAY, OCTOBER 17TH Agenda

8:00am – 8:00pm Local Time

WELCOME & FOUNDATIONS OF BECKER — 8:00-11:15am

8:00-9:00am • Registration and Breakfast	
9:00-9:15am • Welcome Remarks	Arun Varadhachary, MD, PhD
9:15-10:15am • All About Becker Muscular Dystrophy	Erin Langton, MD
10:15-11:15am • Cardiac Considerations for Becker	Forum Kamdar, MD, PhD

Break: 11:15am - 11:30am

BECKER RESEARCH LANDSCAPE — 11:30-12:30pm

11:30-12:15pm • Research Updates and What's Ahead	Arun Varadhachary, MD, PhD
12:15-12:30pm • Recap and Audience Q&A	Arun Varadhachary, MD, PhD

Lunch: 12:30pm - 1:15pm

LIVING WITH BECKER — 1:15-2:45pm

1:15-2:00pm • Dystrophin and the Brain	Natalie Truba, PhD
2:00-2:45pm • Walks of Life: Individuals with Becker Panel	Arun Varadhachary, MD, PhD Panel: Jay Larson, Andy Rusch, Brian Springett

Break: 2:45pm - 3:00pm

AFTERNOON TRACK SESSIONS — 3:00-4:40pm

Adult Track (Concurrent to Pediatric Track)

3:00-3:30pm • Career and Employment with Becker	Greg Willett
3:30-4:00pm • How to Talk About Becker with Family, Partners, Kids, and Friends	Melissa Grove, MS, LPC
4:00-4:40pm • Relationship Dynamics and Intimacy	Pat Moeschen

Pediatric Track (Concurrent to Adult Track)

3:00-3:30pm • Pediatric Care and Transition Considerations for Becker	Aravindhan Veerapandiyan, MD Katheryn Gambetta, MD
3:30-4:00pm • Parenting a Child with Becker: Finding a Balance	Natalie Truba, PhD
4:00-4:40pm • Parent and Caregiver Point of View Panel	Alexis Hazlett Panel: Kristin Morehouse, Zack Morehouse, Richalle Ritts, Bina Trivedi

DAY ONE CLOSING REMARKS — 4:45-5:00pm

Exhibitor Reception & Informal Break: 5:00pm - 6:00pm

Community Dinner: 6:30pm - 8:00pm

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SUNDAY, OCTOBER 18TH Agenda

7:30am – 1:15pm Local Time

BREAKFAST & CONNECTION — 7:30-8:30am

7:30-8:30am • Breakfast	
7:45-8:30am • Breakfast Breakout: Women of Becker	Forum Kamdar, MD, PhD Richalle Ritts

MOVEMENT, THERAPY, AND INDEPENDENCE — 8:30-11:00am

8:30-8:45am • Welcome & Day One Recap	Arun Varadhachary, MD, PhD
8:45-9:45am • Physical Therapy, Exercise, and Stretching for Becker	Abby Dierker, PT, DPT
9:45-10:45am • Occupational Therapy and Maintaining Independence Through Equipment/Technology for Becker	Catherine Anderson, MOT, OTR/L, BCP
10:45-11:00am • PT/OT Panel	Abby Dierker, PT, DPT Catherine Anderson, MOT, OTR/L, BCP

Break: 11:00am - 11:15am

THRIVING WITH BECKER ROUNDTABLE ACTIVITY — 11:15-12:45pm

Travel and Accessibility	Greg Willett
Stretching and Wheelchair Positioning	Abby Dierker, PT, DPT
Adaptable Living: Home Modifications, Equipment, Vehicles	Catherine Anderson, MOT, OTR/L, BCP
Hobbies and Life with Becker	Weston Minor
Parenting while Living with Becker	Jay Larson
School and College Resources	Alexis Hazlett, MSN, RN, CPN

BUILDING COMMUNITY & STAYING CONNECTED — 12:45-1:00pm

Event Closing & To-Go Lunch: 1:00pm - 1:15pm