BECKER EDUCATION
& ENGAGEMENT **DAY**

AGENDA

WASHINGTON D.C.

SATURDAY, OCTOBER 17TH Agenda

8:00am – 8:00pm Local Time

WELCOME & FOUNDATIONS OF BECKER — 8:00-11:15am

8:00-9:00am • **Registration and Breakfast**	
9:00-9:15am • **Welcome Remarks**	John Brandsema, MD Paula Clemens, MD
9:15-10:15am • **All About Becker Muscular Dystrophy**	Paula Clemens, MD Jessie Nance, MD
10:15-11:15am • **Cardiac Considerations for Becker**	Andreas Barth, MD, PhD

Break: 11:15am - 11:30am

BECKER RESEARCH LANDSCAPE — 11:30-12:30pm

11:30-12:15pm • **Research Updates and What's Ahead**	Christopher Spurney, MD, FAHA
12:15-12:30pm • **Recap and Audience Q&A**	John Brandsema, MD Paula Clemens, MD

Lunch: 12:30pm - 1:15pm

LIVING WITH BECKER — 1:15-2:45pm

1:15-2:00pm • **Dystrophin and the Brain**	Sarah Wright, DO
2:00-2:45pm • **Walks of Life: Individuals with Becker Panel**	Paula Clemens, MD Panel: Scott Butler, Steve Wiercinski

Break: 2:45pm - 3:00pm

AFTERNOON TRACK SESSIONS — 3:00-4:40pm

Adult Track (Concurrent to Pediatric Track)

3:00-3:30pm • **Career and Employment with Becker**	Shannon Wood
3:30-4:00pm • **How to Talk About Becker with Family, Partners, Kids, and Friends**	Hillary Cohen, LICSW
4:00-4:40pm • **Relationship Dynamics and Intimacy**	Nora Renthal, MD, PhD Gaby Vargas, MD, MPH

Pediatric Track (Concurrent to Adult Track)

3:00-3:30pm • **Pediatric Care and Transition Considerations for Becker**	John Brandsema, MD
3:30-4:00pm • **Parenting a Child with Becker: Finding a Balance**	Raina Carwell, MSW
4:00-4:40pm • **Parent and Caregiver Point of View Panel**	John Brandsema, MD Panel: Ryan Barbera, Kristen Cooper, Monica Shea, Jess Westman

DAY ONE CLOSING REMARKS — 4:45-5:00pm

Exhibitor Reception & Informal Break: 5:00pm - 6:00pm

Community Dinner: 6:30pm - 8:00pm

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SUNDAY, OCTOBER 18TH Agenda

7:30am – 1:15pm Local Time

BREAKFAST & CONNECTION — 7:30-8:30am

7:30-8:30am • Breakfast	
7:45-8:30am • Breakfast Breakout: Women of Becker	Teresa Wang, MD Kristen Cooper

MOVEMENT, THERAPY, AND INDEPENDENCE — 8:30-11:00am

8:30-8:45am • Welcome & Day One Recap	John Brandsema, MD Paula Clemens, MD
8:45-9:45am • Physical Therapy, Exercise, and Stretching for Becker	Aileen Jones, DPT
9:45-10:45am • Occupational Therapy and Maintaining Independence Through Equipment/Technology for Becker	Lindsay Busarello, MS, ORT/L
10:45-11:00am • PT/OT Panel	Lindsay Busarello, MS, ORT/L Aileen Jones, DPT

Break: 11:00am - 11:15am

THRIVING WITH BECKER ROUNDTABLE ACTIVITY — 11:15-12:45pm

Travel and Accessibility	Pat Cusick Mike Voto
Stretching and Wheelchair Positioning	Aileen Jones, DPT
Adaptable Living: Home Modifications, Equipment, Vehicles	Lindsay Busarello, MS, ORT/L
Hobbies and Life with Becker	Jess Westman
Parenting while Living with Becker	Raina Carwell Steve Wiercinski
School and College Resources	Annie Tulkin

BUILDING COMMUNITY & STAYING CONNECTED — 12:45-1:00pm

Event Closing & To-Go Lunch: 1:00pm - 1:15pm